

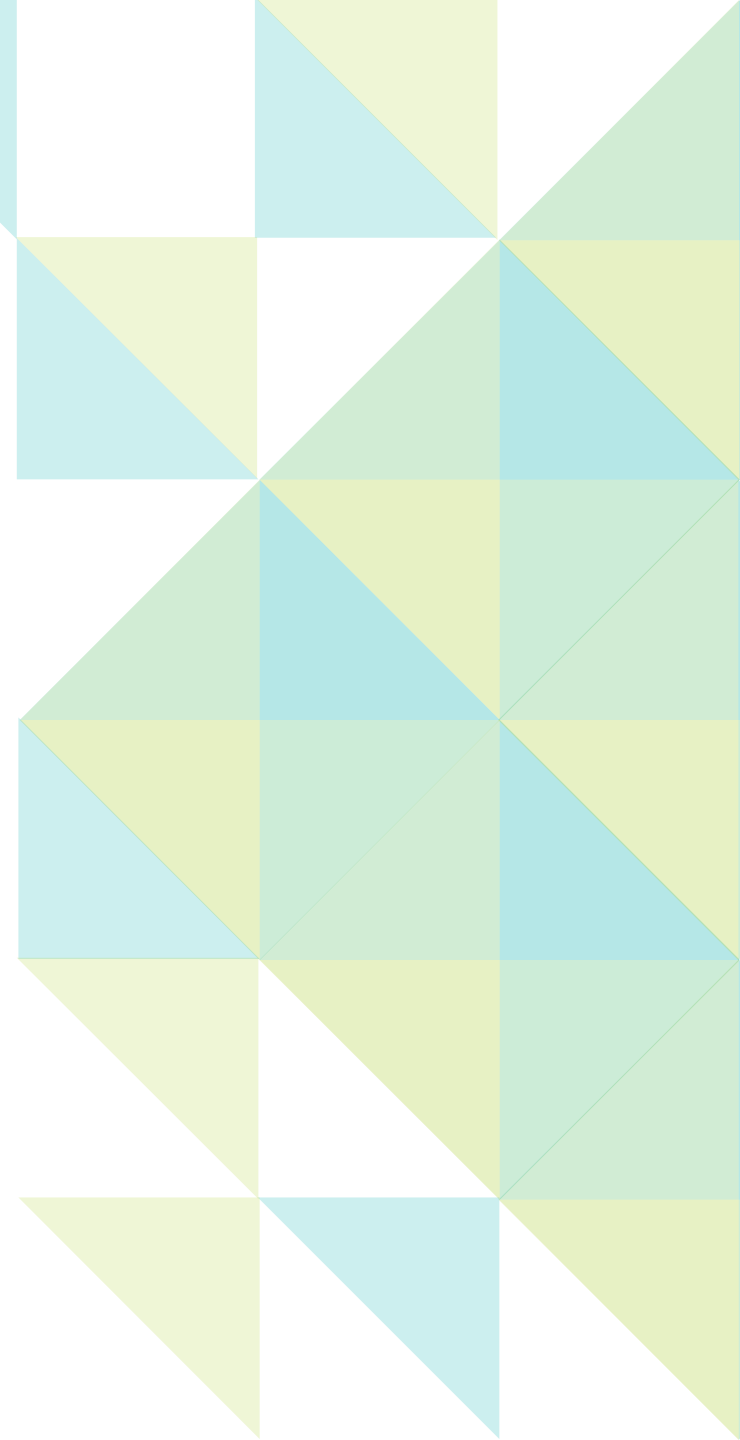


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# **NALOXONE**

**What is it and  
what does it do?**



# Naloxone in the workplace

- Starting June 1, 2023, employers must provide naloxone in the workplace when an employer becomes aware, or ought reasonably to be aware, of the following scenarios:
  - There is a risk of worker opioid overdose
  - There is a risk that the worker overdoses while in a workplace where they perform work for the employer
  - The risk is posed by a worker who performs work for the employer
- An employer who is required to provide a naloxone kit in their workplace **must provide at least one naloxone kit in each workplace**



# Naloxone Training

Naloxone, sold under the brand name Narcan among others, is a medication used to reverse or reduce the effects of opioids. It is used to counter decreased breathing in opioid overdose.

<https://www.youtube.com/watch?v=KEOq6fUWNtA>



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# Where to access Naloxone

Naloxone is available for **FREE** at any of the below locations locally:

- Most local Pharmacies
- Any local Hospitals
- All Public Health Unit Locations
- CMHA- Huron Perth
  - Perth Main Office/ Peer Outreach/ Phoenix Peer Support Centre (10 Downie St, Stratford)
  - Huron Perth Clinic Stratford (426 Huron St, Stratford)
  - Nurse Practitioner Led Clinic (975 Wallace Ave N, Listowel)
  - Connection Centre Stratford (9 Douro Street, Stratford)
  - Huron Main Office (29 Kingston Street, Goderich)
  - Huron Perth Clinic Goderich (181 Cambria Rd N, Goderich)
  - Nurse Practitioner Led Clinic (23 Huron St. W, Exeter)
  - Huron Heart to Home (56 North St, Goderich)



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# Protection from liability

- Protection from liability available under the *Good Samaritan Act, 2001* would generally apply to a worker who voluntarily administers naloxone at the workplace in an emergency in response to an opioid overdose
- The *Good Samaritan Act, 2001* helps to reduce fear of police attending overdose events and encourage people to help save a life
- The *Good Samaritan Drug Overdose Act* applies to anyone seeking emergency support during an overdose, including the person experiencing an overdose



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# Protection from liability

- Under the act, individuals cannot be charged for:
  - Possession of a controlled substance (i.e. drugs) under section 4(1) of the *Controlled Drugs and Substances Act*
  - Breach of conditions regarding simple possession of controlled substances (i.e. drugs) in:
    - pre-trial release
    - probation orders
    - conditional sentences
    - parole



# Naloxone take aways from today

The law does provide protection against charges for	The law does not provide protection against charges for
Possessing drugs for your own use	Selling illegal drugs (trafficking): Police may suspect this if you have a large amount of drugs, cash or items like scales, baggies, and debt lists
	Offences other than drug possession
Violating conditions of your parole, bail, probation or conditional sentence for a simple drug possession charge	Any outstanding arrest warrants
	Violating conditions of your parole, bail, probation or conditional sentence for an offence that is not simple possession

Endorsed by the Ontario Association of Chiefs of Police.

**Disclaimer:** This is legal information — not legal advice.

If you need legal advice, please consult a lawyer about your situation.



See an overdose? Call 911 immediately.

Under Canada's *Good Samaritan Drug Overdose Act*, if you seek medical help for yourself or for someone else who has overdosed, neither of you will be charged for possessing or using drugs, nor will anyone else at the scene.

See the other side of this card to know exactly when the Good Samaritan law will and won't protect you against charges.

**Police may not always know about the law's protections.**

If you need legal help, call

**1 (800) 668-8258 (toll-free)** for Legal Aid Ontario or  
**1 (855) 947-5255 (toll-free)** for Law Society Referral Service,  
 also online at <https://lsrs.lsuc.on.ca/lsrs>.

## Know How to Recognize an Opioid Overdose

Anyone using opioids, even in small amounts, can overdose. Fentanyl and other dangerous substances are being mixed with or disguised as other drugs like heroin, oxycodone, cocaine and ecstasy/MDMA.

### SIGNS OF AN OPIOID OVERDOSE



Blue lips or nails



Dizziness and confusion



Can't be woken up



Choking, gurgling or snoring sounds



Slow, weak or no breathing



Drowsiness or difficulty staying awake

### SUSPECT AN OVERDOSE?

CALL **911** or your local emergency number

Ask festival staff for **HELP**

Administer **NALOXONE** if you have it

**STAY** with the person until help arrives

The Good Samaritan law can protect you from simple drug possession charges. You have the power to save a life.

**KNOW MORE**

DRUGS: GET THE FACTS. KNOW THE RISKS.

Together we can **#StopOverdoses**

Learn more at [Canada.ca/Opioids](https://Canada.ca/Opioids)



## ADMINISTERING INTRANASAL NALOXONE



Shake **shoulders** and shout name



Call **911** if unresponsive



Lay person on their back. Insert **nozzle tip** into **one nostril**. Firmly press plunger



Give **chest compressions** and/or **rescue breathing**



If **breathing has not improved** after two to three minutes, perform **step 3** and **4** again



If breathing has resumed, place in **recovery position**



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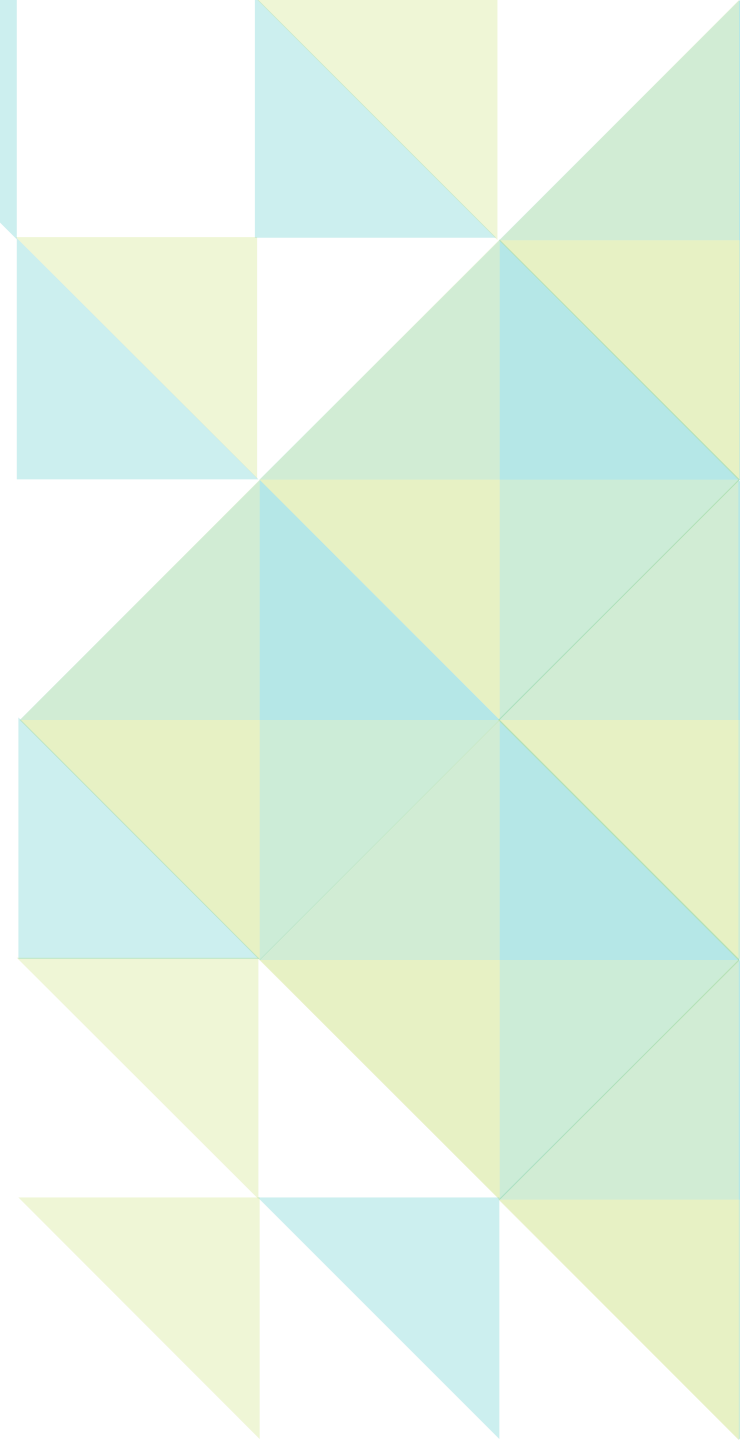
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# About CMHA Huron Perth Addiction & Mental Health Services





# Newly Integrated Services

- On January 30, 2023 Choices for Change and Resilience Huron Perth officially integrated to form a new branch of the Canadian Mental Health Association
- There have been no changes to programs previously offered at either legacy agency
- The goal of the integration is to improve client care and streamline services for members of our community



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# Addiction & Mental Health Philosophy

- We welcome anyone who has concerns about their own, or someone else's alcohol, drug, gambling or behavioral excesses
- We support anyone with a mental health diagnosis or suspected mental health diagnosis
- We work from a Harm Reduction Framework which means we:
  - Tailor goals to individual needs
  - Support both abstinence or moderation strategies
- We worked from a client centered, strengths based approach
- Through a variety of programs, we are able to offer individuals and families:
  - Information and Referral
  - Support and Education
  - Individual Counselling
  - Peer Support
- Individual support to a family member of someone with an addiction and/or mental health

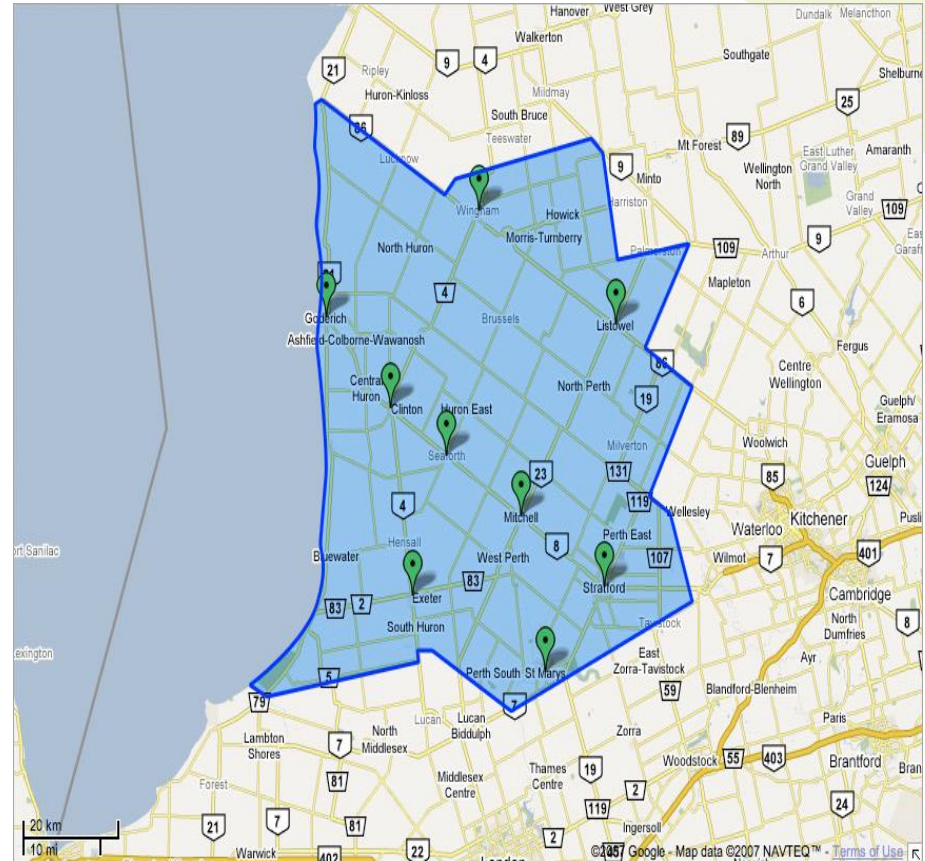


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# Programs & Service Area

- Transitional Case Management
- Mental Health Case Management
- Adult Substance Use
- Problem Gambling & Behaviour Change
- Court Support / Release Planning
- Community Withdrawal Management
- Opiate Case Management
- Concurrent Disorders
- Pregnancy & Parenting
- Youth Substance Use
- Crossing Bridges – Youth Virtual Counselling
- Peer Outreach
- Phoenix Peer Support Centre
- Family Supports
- Housing



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# Adult Substance Use Program

The adult program offers voluntary service to individuals who are concerned about their own substance use

Within the adult program we offer:

- Information
- Assessments – Including GAIN Q3 Assessments
- Individual Counselling
- Referrals to community supports and/or residential treatment
- Support for Family Members: 1:1 Counselling, education and information directed for family or a loved one of someone with addiction

There is a formal intake process: those interested in accessing services must call to complete an intake before they are connected with a counsellor



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# Residential Treatment Referral Process

- We provide assistance with finding appropriate Residential Treatment Centre options
- Complete application forms with the client
- Complete GAIN Q3 assessment (required of most Residential Treatment Centres), these are completed by the GAIN team for our clients and individuals who already have a treatment date provided from a Treatment Centre
- We submit completed application and assessment to Treatment Centre and assist with preparation for treatment and after care



# Community Withdrawal Support Services

- Alcohol Withdrawal Support
  - Naltrexone prescribing via Huron Perth Clinics and Nurse Practitioner Led Clinics
  - In-home withdrawal support and education
- In-Home Withdrawal Support
  - Tobacco, Cannabis, Crystal Methamphetamine, Alcohol, and various other recreational drugs
- Opioid Replacement Therapy
  - Methadone, Suboxone and Sublocade prescribing via Huron Perth Clinics and Nurse Practitioner Led Clinics
- Nicotine Replacement Therapy
  - Nicotine replacement products (Nicorette Gum, Inhalers, Lozenges and Patches) via partnership with the CAMH STOP Program



# Pregnancy & Parenting Program

The P&P program works with parents/caregivers and families whose substance use is affecting their parenting.

The program offers:

- Goal setting for changing substance use using a harm reduction framework
- Parenting education, skill-building, support and strategies
- Information on the effects of substance use to those who are pregnant and/or parenting
- Withdrawal management options and assistance in applying to residential treatment
- Community Referrals that meet the needs of the family



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# Family Support Services

For parents, spouses, siblings, and chosen family of people struggling with mental illness and/or addiction issues we offer:

- Information
- Support
- 1:1 counselling
- Group
  - These groups are professionally-lead using a group therapy model
  - Participants self-refer by contacting the office. The facilitator will contact the family member to explain group rules and answer questions
  - Participants can attend the group for as few or as many sessions as they wish



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# Contact Information

## **Main Office**

10 Downie Street., 3rd Floor,  
Stratford, Ontario N5A 7K4  
519-271-6730 | 1-877-218-0077  
Fax: 519-271-2746  
support@choicesforchange.ca

## **Stratford Office**

540 Huron Street  
Stratford, Ontario N5A 5T9  
(519) 273-1391  
reception@resiliencehp.ca

## **Huron Office**

29 Kingston Street  
Goderich, Ontario N7A3K2  
519-271-6730 | 1-877-218-0077  
Fax: 519-271-2746

[cmhahuronperth.com](http://cmhahuronperth.com)



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# QUESTIONS?



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# Thank You!



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